

Better Life Kinesiology Guided Energy Healing

Date: Saturday 18th October 2025

Time: 11.30-12.30am (arrive 5 mins before)

Cost: \$59.00 or **TODAY only for \$49.00**

Address: At One Studio, Level 1/127 Essendon Buckley st Essendon

Wear: Relaxing clothing, tracksuit, gym wear

Focusing on

Clearing stress and triggers from past and present situations

Releasing negative emotions from our body (e.g. anger, irritation, frustration, doubt, sadness, overwhelm, disappointment)

Balancing our 7 major chakras (our energy centres) where we process fear, guilt, shame, grief, lies, illusions and addictions

Refueling and energizing our 'vibe' so we can attract all the good things that we want in our lives, good health, success and abundance

Register today and secure your spot by transferring \$59.00 (or early bird today \$49) to

Better Life Kinesiology

Bsb 013497

Acc 265130492

OR

Pay id (my mobile no.)

0413999073

Reply to this email, and let me know you're coming!

Thanks so much!

Denise x